

The importance of Personal Protective Equipment (PPE)

Eyes

You probably don't get a second chance with your eyes. Even simple jobs around the home, such as pressure-washing the patio, weeding the garden or shredding some garden waste can result in damage to your eyesight. *(Read full story)*

Customer story – a local gardener was weeding a customer's flower bed. Whilst trying to pull out a particularly stubborn root, it suddenly broke, and some soil flew into his eye. After several unsuccessful attempts to remove it, he had to attend A & E and ended up almost losing the sight in that eye, and being off work for several weeks. ***Had he been wearing an inexpensive pair of safety specs, this would have been avoided.***

- ***Pressure washers often blow stones and grit around, and they occasionally bounce back into your face.***
- ***Feeding material into a shredder can easily result in poking plant stems or branches into your eyes.***
- ***Looking upwards into a tree whilst sawing a branch will result in debris falling into your eyes.***

Customer story – Another local man had mixed some caustic soda and water in a bucket, intending to pour it into a toilet. He was walking up the stairs, when he tripped and fell. Some of the bucket's contents splashed into his eyes. The pain was excruciating, and despite the efforts of the Emergency Services he lost the sight of one eye. ***This tragedy may have been avoided had he thought to wear a pair of safety goggles.***

It's impossible to protect against all eventualities, but a little thought can avoid a lot of grief.

Safety specs can be inexpensive and will protect against a wide range of hazards in the work place and at home.

Over-specs will do the same job, but can be worn on top of prescription glasses.

Visors do a similar job to specs, but protect the whole face.

Goggles will give additional protection against flying dust, liquids and vapours.

All the above items are available in our shop.

Watch this space for future health and safety articles.

